

Schedule of Events

Sunday, October 1, 2023; 10 AM Start

Hermiston Oxford Suits

Saturday, Nov 18, 2023; 10 AM Start

Springfield High School: 875 7th street, Springfield OR

*Scheduled to be IN PERSON – Indoor event, masks optional
Do not attend if you have any symptoms of illness*

RSVP is REQUIRED!

Email to: ExecAssist@OHSET.com

Items on the Agenda

- Co-ops, Combined Teams, Eligibility
- Treasurer, Raffle, Event Insurance
- Dealing with difficult people
- Mitigating drama, and more
- Team Management
- Keeping clear of the Ethics Commission
- Setting Volunteers Up For Success
- Safety and Practices

Open discussions, questions and round tables on a variety of topics which may include:

Sorting | Coaching Multiple Skill Levels
Common Challenges | Tips for Success

**Please give us the courtesy
of an RSVP by Sept 25 or Nov 11**

Email Cayla at ExecAssist@OHSET.com

You **must** include your full name, school, and district for everyone in your group.



OHSET

Excellence in Equestrian Athletics

**2023-2024 Season
Coaches and Advisors Training**

IN PERSON ONLY!

Training Requirements for the 2023-2024 Season

- **All Head Coaches and Head Advisors** in their first year in the role are required to take the OHSET Coaches Training.
- **All Head Coaches and Head Advisors** in their first year in the role, are required to take the NFHS Fundamentals of Coaching training: <https://nfhslearn.com/courses>
 - These coaches and advisors are then expected to share the Information and skills with any other coaches their team may have.
- New **and** existing coaches must also take the NFHS “Concussion in Sports” training; including assistants – this can be found at the link above.
 - *Be sure to notify your district chair AND Cayla with a copy of your certificate at: ExecAssist@ohset.com upon completion*
- **Assistant Coaches & Advisors** must participate in the OHSET Coaches training before they can register for their SECOND season of coaching/advising.
- **Coaches in their first years** must participate in the OHSET Coaches training no less than once every two seasons; every season is highly recommended.
- Once a coach or advisor **has participated in OHSET Coaches training (in person or in ALL online sessions 2021) in two different seasons**, they are required to only attend once every 5 years thereafter.



Photo by: Topline Image

Why is Training Required?

One of OHSET’s greatest strengths is the diversity of riding disciplines we offer our youth. This however, is also one of our greatest challenges.

The vast majority of our coaches and advisors are volunteers who may have some expertise in a discipline or two, but not in every discipline OHSET offers. To counteract that, we must train our volunteers how and where to get the help they need, and what is expected of them.

The other most common challenge facing our coaches and advisors is handling the dynamics of a team. While we are familiar with other team sports, OHSET is a unique offering in the equine world. Almost all other equine competitions are individually focused. This means that for some of our youth and their families, this may be the first sport they participate in as part of a team.

As an organization we need to equip our coaches and advisors with the skills they need to manage a team. This includes team building, team rules, building and selecting event teams, and being fiscally and ethically responsible in all aspects of sports, non-profit, and as a volunteer for a state entity (schools.)

Finally, and most importantly, is the safety of our athletes. As you know, there is potential for accidents everywhere with horses. Our job as an organization is to make sure our volunteers are prepared to prevent, minimize and efficiently handle any accidents that occur.

Additionally, continuing education is key to our relationship with schools. We are a credible organization who works hard to remain in a field of team sports that has 50+ years of tradition, while OHSET has only 30 years. In addition to keeping our equestrian athletes safe, schools depend on us to properly manage, facilitate, and administer our sport. This all begins with coach and advisor training.

We look forward to seeing you!

Handwritten signature in blue ink.

